

Today's Date: \_\_\_\_\_

**LACTATION CONSULTATION INTAKE – Page 1 of 2**

*What is the reason for your visit today? What do you wish to accomplish at today's visit?*

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Sore/Cracked/Bleeding Nipples/Nipple Pain	Flat or Inverted Nipples
Low Milk Supply	Excess Weight Loss or Slow Weight Gain
Feeling Not Enough Milk	Returning to Work
Thrush	Refusing Bottle
Latching Difficulties	Excessive Spitting and/or vomiting
Refusal to Feed	Preference for One Breast
Engorgement	Weaning
Maintaining Milk Supply	Other

**Preferred Name:** \_\_\_\_\_

**Current Medications, Supplements, or Herbs**

\_\_\_\_\_  
\_\_\_\_\_

**Do you have any medical issues we need to be aware of?**

No  Yes (explain) ie. PCOS, hypertension, etc.

\_\_\_\_\_  
\_\_\_\_\_

**History of Breast Surgery:**  Yes  No

Augmentation  Reduction  Other

**Is this your first child?**  Yes  No

Ages(s) other children \_\_\_\_\_

**Did you breastfeed your other children?**  Yes  No

How long? \_\_\_\_\_

**Describe your previous breastfeeding experience:**

\_\_\_\_\_  
\_\_\_\_\_

**Infant's Name:** \_\_\_\_\_ **M/F (circle)**

**Gestational Age/Weeks at Birth:** \_\_\_\_\_

**Current Age:** \_\_\_\_\_ **Date of Birth:** \_\_\_\_\_

**Birth Weight:** \_\_\_\_\_ pounds \_\_\_\_\_ ounces

**Last Weight:** \_\_\_\_\_ lbs. \_\_\_\_\_ ounces **Date:** \_\_\_\_\_

**Lowest Weight/Discharge Weight:** \_\_\_\_\_ lbs. \_\_\_\_\_ ounces

**Does the infant have any known health concerns?**

No  Yes (explain) \_\_\_\_\_

\_\_\_\_\_

**Infant is Feeding By:**

Breast Milk Only  Bottle  Both

**Feeding Method(s):** \_\_\_\_\_ Breast \_\_\_\_\_ Syringe \_\_\_\_\_ Bottle

Bottle type: \_\_\_\_\_ Nipple type/level \_\_\_\_\_

**Volume of Supplements:** \_\_\_\_\_

**Number of feedings in 24 hours** \_\_\_\_\_

**Does the infant take both breasts at each feeding?**

Yes  No  So



**LACTATION CONSULTATION INTAKE – Page 2 of 2**

**Patient Information**

**Breast changes during most recent pregnancy?**

\_\_\_ Tenderness \_\_\_ Breast growth \_\_\_ No change

**Type of Delivery:** \_\_\_ Vaginal \_\_\_ VBAC

\_\_\_ Cesarean (planned or urgent) \_\_\_\_\_

**Breast changes since birth:** \_\_\_ No change

\_\_\_ Heavy \_\_\_ Warm \_\_\_ Leaking \_\_\_ Hard/engorged

**When did your milk come in?** \_\_\_\_\_

**What is your breastfeeding goal?** \_\_\_\_\_

\_\_\_\_\_

**Pumping Information**

Do you have a breast pump? Yes \_\_\_ No \_\_\_

If yes, what kind of pump \_\_\_\_\_

How often do you pump? \_\_\_\_\_

When did you begin pumping? \_\_\_\_\_

What volume do you collect at each pump session? \_\_\_\_\_

Have you used any of these breastfeeding supplies? \_\_\_ Nipple Shield (Size: \_\_\_\_\_)

\_\_\_ Haberman \_\_\_ Supplemental Nursing System (SNS)

**Infant Information**

**Number of feedings in 24 hours?** \_\_\_\_\_

**How long does the infant stay on the breast at each feeding?**

\_\_\_\_\_

**Does the infant take both breasts at each feeding?**

\_\_\_ Yes \_\_\_ No \_\_\_ Sometimes

**Number of diapers in the past 24 hours?** \_\_\_ wet \_\_\_ dirty

**Is the infant content/sleeping after feedings?**

\_\_\_ Often \_\_\_ Occasionally \_\_\_ Never

**Does the infant use a pacifier?**

\_\_\_ Yes \_\_\_ No \_\_\_ Sometimes

**Comments:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

Patient's Signature: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_

Lactation Consultant: \_\_\_\_\_ Date: \_\_\_\_\_ Time: \_\_\_\_\_