



BREAKFAST *At participating locations only. Visit freshii.com for more information.

GRILLED BREAKFAST BURRITOS

Ranchero
scrambled egg, avocado, aged cheddar,
black beans, cilantro, salsa fresca
\$ 8.99

Steak, Egg & Cheese
scrambled egg, steak, aged cheddar, tomatoes
\$ 8.99

GRILLED EGG POCKETS

Bacon, Egg & Cheese
scrambled egg, bacon, aged cheddar
\$ 3.99

Spinach, Mushroom & Cheese
scrambled egg, goat cheese, spinach, roasted
red peppers, mushrooms
\$ 3.99

BREAKFAST BOWLS

Huevos
scrambled egg & kale, avocado, aged cheddar,
black beans, salsa fresca, fiery bbq sauce
\$ 6.99

Green Eggs & Kale
scrambled egg & kale, feta cheese, cherry tomatoes,
broccoli, pesto
\$ 5.99

Cali Bowl smoothie bowl
freshii green smoothie, banana, mango,
strawberries, granola, coconut
\$ 7.99

BREAKFAST ESSENTIALS

Greek Yogurt Parfait
greek yogurt, honey, granola, fresh fruit
\$ 4.99

Energii Bites
peanut butter, honey, oats, coconut, chocolate chips
\$ 1.79

Hard Boiled Eggs
two hard boiled eggs
\$ 2.49



EAT. ENERGIZE.

Find your nearest location at freshii.com

SALADS & WRAPS

Metaboost

spinach, kale & field greens, goat cheese, mango, almonds, carrots, edamame, balsamic vinaigrette

Salad 7.99 / Wrap 7.49

Market

field greens & spinach, quinoa, avocado, feta cheese, beet slaw, dried cranberries, green apple, carrots, honey dijon dressing

Salad 8.29 / Wrap 7.79

BOWLS

Pangoa

brown rice, avocado, aged cheddar, cherry tomatoes, black beans, corn, cilantro, lime wedge, fiery bbq sauce

7.29

Mediterranean

quinoa & field greens, feta cheese, kalamata olives, almonds, red onions, cucumber, roasted red peppers, tomatoes, cilantro, red pepper sauce

7.99

BURRITOS

Tex Mex

brown rice, avocado, aged cheddar, black beans, corn, salsa fresca, greek yogurt ranch

6.79

Baja

quinoa, romaine, avocado, corn, cabbage, green onions, salsa fresca, cilantro lime vinaigrette

6.49

Cobb

romaine & field greens, hard boiled egg, avocado, bacon, blue cheese, tomatoes, corn, honey dijon dressing

Salad 6.29 / Wrap 5.79

Buffalo

romaine, blue cheese, cherry tomatoes, carrots, celery, greek yogurt ranch, buffalo sauce

Salad 7.29 / Wrap 6.79

Teriyaki Twist

brown rice, edamame, crispy wontons, broccoli, carrots, cucumber, green onions, sesame seeds, teriyaki sauce

6.49

Buddha's Satay

rice noodles, broccoli, carrots, cabbage, crispy wontons, green onions, spicy peanut sauce

6.49

Khao San

brown rice, spinach, almonds, edamame, mushrooms, carrots, cabbage, spicy peanut & lemongrass sauce

6.49

Fiesta

field greens, avocado, aged cheddar, corn, black beans, salsa fresca, cilantro lime vinaigrette

Salad 7.49 / Wrap 6.99

Zen

spinach & romaine, mango, edamame, cabbage, broccoli, carrots, crispy wontons, sesame seeds, asian sesame dressing

Salad 6.99 / Wrap 6.49

Oaxaca

brown rice & kale, avocado, beet slaw, black beans, corn, salsa fresca, crispy wontons, lime wedge, spicy yogurt sauce

7.29

Pesto

rice noodles, spinach, cherry tomatoes, kalamata olives, feta cheese, pesto

7.99

Smokehouse

brown rice, aged cheddar, black beans, red onions, tomatoes, corn, spicy yogurt sauce

6.29

SOUPS

Spicy Lemongrass

spicy lemongrass broth, rice noodles, cabbage, carrots, tomatoes, mushrooms, cilantro

5.99

Superfood

vegetable broth, quinoa, kale, broccoli, cabbage, carrots, celery, red onions

6.49

Southwestern

chicken broth, brown rice, aged cheddar, broccoli, tomatoes, corn, black beans

6.49

JUICES

Green Energy

kale, spinach, romaine, green apple, cucumber, carrot, lemon

5.99

Mighty Detox

pineapple, green apple, celery, cucumber, ginger

5.99

Carrot Zinger

carrot, green apple, ginger

5.99

Red Power

beet, lemon, ginger, carrot

5.99

SMOOTHIES

made with low-fat frozen yogurt // add whey protein for 1.00

Freshii Green

kale, spinach, pineapple, avocado

5.99

Banana Nut Crunch

banana, almonds, walnuts

5.99

Powerhouse

pineapple, mint, coconut milk

5.99

Strawberry Banana

strawberries, banana

5.99

SWEET TREATS

Low-Fat Frozen Yogurt

with choice of two toppings

4.99 / additional toppings 0.50 each



almonds



chocolate chips



coconut



dried cranberries



green apple



honey



mango



oreo



strawberries



walnuts

OUR PROTEINS ARE ANTIBIOTIC & HORMONE FREE!



Chicken
1.99



Steak
3.49



Tofu
1.99



Falafel
1.99

Make Kale a base for 0.99
Make Quinoa a base for 0.99