

Theraworx Protect

Non-CHG, Non-Alcohol, Pre-Op Skin Prep



Theraworx Protect is reserved for patients who have an allergy or sensitivity to CHG (Chlorhexidine gluconate). This important skin cleanser helps to decrease the risk of a surgical site infection. Theraworx is safe for sensitive skin. 0 4-packets

Directions: You will do four separate skin cleanings at home: starting three evenings before surgery, two night before surgery, the night before surgery, and then the morning of surgery.

Do NOT shave any areas of the body at least days prior to surgery.

Wipes may be warmed by soaking the closed packages in warm water. DO NOT microwave the cloths.

DO NOT flush cloths.

Prepping the skin before surgery:

Shower or bathe and shampoo your hair as usual, rinse with water, pat dry your skin with a clean fresh towel. Wait one hour after your shower before using the Theraworx cloths.

Use one cloth to wipe each area of the body for 20 seconds. DO NOT rinse after wiping down with the Theraworx cloths.

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Cloth #1: Wipe your neck, chest, and abdomen.

Cloth #2: Wipe your right arm and armpit

Cloth #3: Wipe your left arm and armpit

Cloth #4: Wipe your right leg

Cloth #5: Wipe your left leg

Cloth #6: Wipe your back

Cloth #7: Wipe your buttock

Cloth #8: Wipe your perineum



Once you use the Theraworx cloths, DO NOT shower off, bathe or apply lotions, moisturizers, apply makeup or medication on your skin. DO NOT rinse the Theraworx off your skin.

The morning of surgery: DO NOT shower, bathe or shampoo. Repeat the same skin cleansing process as outlined above. Wear freshly laundered, clean clothes to the hospital. Apply freshly cleaned bedsheets on your bed before coming to the hospital.

