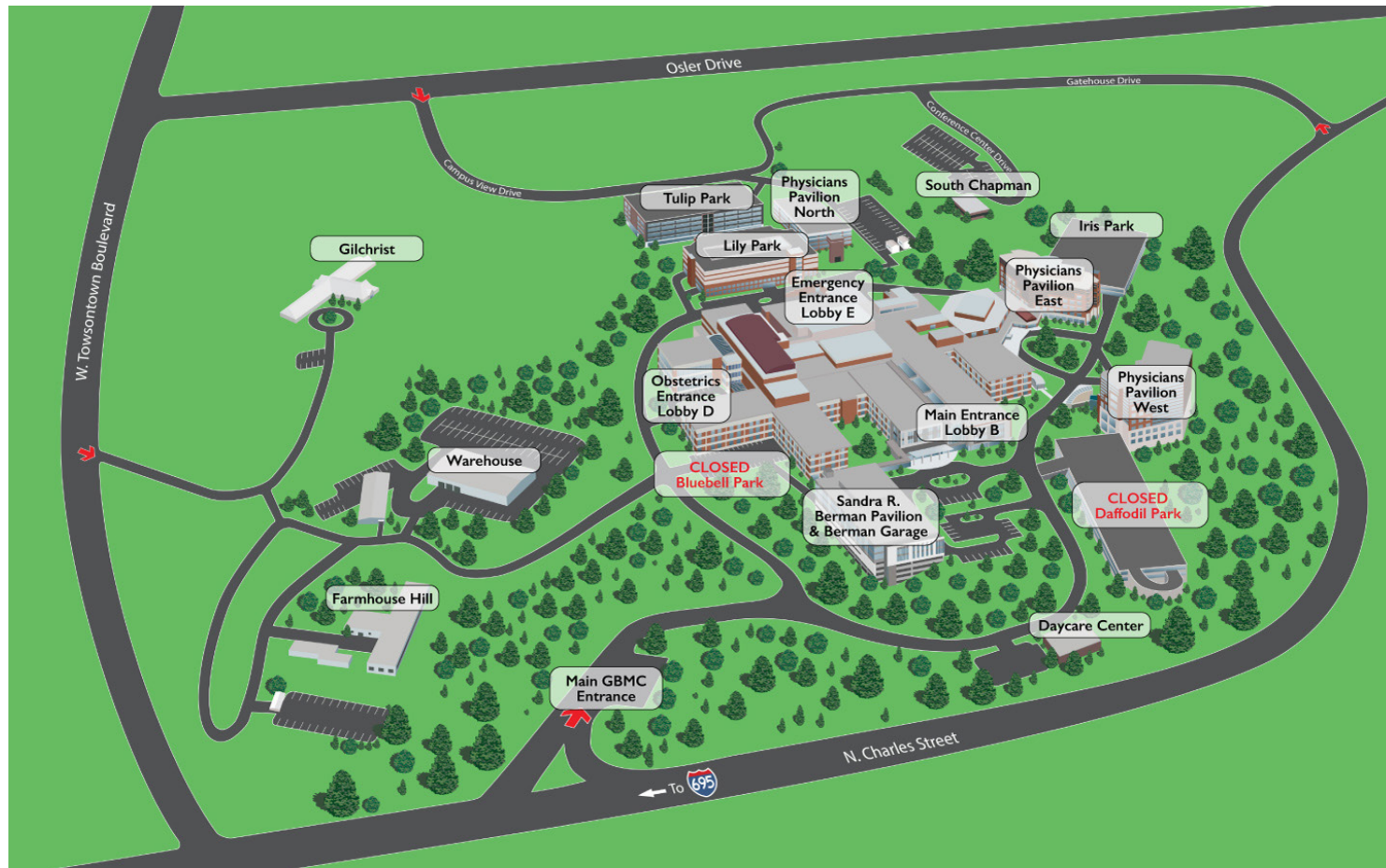


Campus Map



You can view all locations throughout GBMC using our online interactive map:
www.gbmc.org/maps

Parking lot for day of your surgery:

- General Operating Room / GOR – Lily Park
- Women's and Outpatient Surgical Center / WOSC – Berman Garage or Iris Park

Additional information about parking on GBMC's campus, including valet service, is located at
www.gbmc.org/patients-and-visitors/parking



GBMC

Preparing for Surgery

6701 North Charles Street, Baltimore, MD 21204
443-849-2000

Your surgery is scheduled for:

Date: _____ Time: _____

Location: _____

05/24

"To every patient, every time, we will provide the care that we would want for our own loved ones."

GBMC

Before Surgery

Consult with your surgeon about what medications to hold before surgery.

If you have questions about your surgery, contact your surgeon's office.

You may receive additional calls from Registration, Insurance, or Pre-Op.

Notify your surgeon's office if you develop a cold, sore throat, fever, or any other illness before your surgery.

Day of Surgery

Before Coming to the Hospital:

- If a copay is not required for your surgery, please do not bring money with you.
- Shower or bathe according to surgeon's recommended instructions.
- You are permitted to brush your teeth the morning of surgery.
- Wear clean, loose and comfortable clothing.
- Do not wear makeup or use lotions.
- Do not wear contact lenses; wear eyeglasses.
- If you have Power of Attorney or Guardianship for a loved one having surgery, please bring it with you the day of surgery.

What to Bring with You:

- If you will be admitted to the hospital after surgery pack a small bag with basic clothes/toiletries. **(Leave in the car until you go to your room. You can have it brought to you by a friend/family member after you are admitted.)**
- If on CPAP machine and staying overnight after surgery, please bring CPAP machine with you.
- Photo ID and insurance card(s).
- A responsible adult must be available to drive you home.
- Any paperwork from your surgeon.
- If you use a brace, sling or crutches, please bring with you.

Day of Surgery, cont.

Eating or Drinking:

- Nothing to eat or drink the day of surgery unless otherwise instructed by your surgeon.
- Your surgeon will inform you about any special diets before surgery.
- Do not drink alcohol or use recreational drugs for at least 24 hours before surgery.
- No smoking/tobacco use the day of surgery
- Do not eat any gum, candy, or mints.

Admitting and Registration

- Park in **Lily Park** for General Operating Room (GOR). Take elevator "E" located across from the Emergency Department.
- Park in **Berman Garage** or **Iris Park** for Women's and Outpatient Surgical Center (WOSC). Use Physicians Pavilion West Entrance.

If necessary, deductible or co-payments will be collected at this time. Please bring insurance card(s) and identification with photo.

Visit www.gbmc.org/patients-and-visitors/parking/ for directions.

During Pre-Op

You will change into a hospital gown and a nurse will coordinate the following:

- Record your height, weight, vital signs and allergies.
- Review your medications, medical/surgical history, and review necessary consent forms for your signature.
- Perform required tests such as blood glucose, pregnancy test, EKG, if indicated.
- Prepare the surgery site.
- Document your designated contact person to receive updates during your surgery.

For your safety, you may be asked the same questions by multiple caregivers (i.e., name, date of birth).

Visitors and Updates

- Visitors are welcome, but we may need to limit visitors during the pre-op preparation.
- Your designated contact person will receive regular updates during surgery and recovery.



Preparing for Surgery

After Surgery

Outpatient Surgery Patients

- Your surgeon will follow-up with your designated contact person after surgery.
- You will be taken to the Recovery Room (PACU) immediately following surgery.
- Your post-op nurse will review discharge instructions with you and your designated contact person.
- A responsible adult must be available to drive you home.
- We recommend that a responsible adult remain at home with you for the first 24 hours following your surgery.
- For your safety and well-being, please call for assistance before getting out of bed.

Questions About Your Bill

Call 1-800-626-7766 or 443-849-2450 to discuss your bill.

Separate, individual bills for this surgery may be sent to you from the hospital, your surgeon, and your anesthesiologist.

Pediatric Surgical Education

For information regarding pediatric surgery at GBMC Women's and Outpatient Surgery Center (WOSC), visit www.gbmc.org/womens-and-outpatient-surgical-center for a short video tour and FAQs.