

# Theraworx Protect

## Non-CHG, Non-Alcohol, Post-op Instructions



Theraworx Protect is reserved for patients who have an allergy or sensitivity to CHG (Chlorhexidine gluconate). This important skin cleanser helps to decrease the risk of a surgical site infection. Theraworx is safe for sensitive skin. Supplies: 5-packets

### Post-op instructions for neurosurgical patients:

Follow your surgeon's post-op dressing instructions located on your After Visit Summary (AVS)/Discharge Instructions.

Every day for five days: shower and shampoo your hair as usual, rinse with water, pat dry your skin with a clean fresh towel. Wait one hour after your shower before using the Theraworx cloths.

Every day for five days: Use one cloth to wipe each designated area of the body for 20 seconds. DO NOT rinse after wiping down with the Theraworx cloths.

Wipes may be warmed by soaking the closed packages in warm water. DO NOT microwave the cloths.

DO NOT flush cloths.

Skin cleansing process, **each cloth has its own area of the body:**

Cloth #1: Wipe your neck, chest, and abdomen.

Cloth #2: Wipe your right arm and armpit

Cloth #3: Wipe your left arm and armpit

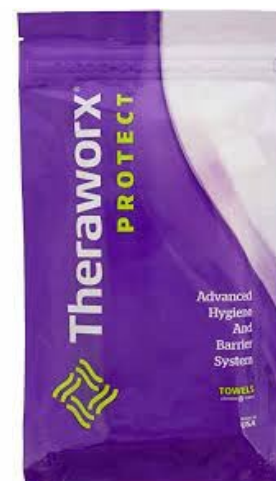
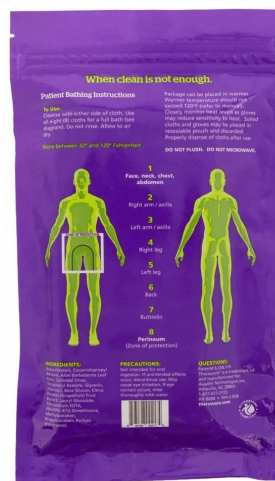
Cloth #4: Wipe your right leg

Cloth #5: Wipe your left leg

Cloth #6: Wipe your back

Cloth #7: Wipe your buttock

Cloth #8: Wipe your perineum (genitals)



Once you use the Theraworx cloths DO NOT rinse the Theraworx off your skin. After surgery do not soak in a tub, pool, or submerge in any water.

\*\*\*In addition, remember to clean the inside of your nose with Nozin nasal sanitizer every 12 hours until your surgical site has closed, or your surgeon has instructed you to stop.

