

## Fire Safety Alarms for Deaf and Hard of Hearing Persons

### Types of Fire Alarms/ CO Detector:

- Receivers that alert when your current fire alarm activates – they include bed shakers, flashing lights, extra loud alarm for those with some residual hearing
- Hardwired strobe alarms – strobe light activates with the alarm (check for compatibility with your current smoke/fire alarm)
- Battery operated smoke/fire detectors
- AC powered alarm - Gentex 7139LS Wall Mount T3 Smoke Alarm with Backup

### Obtaining a Fire Alarm/ CO Detector:

- Lifetone Technology <https://lifetonesafety.com/#about>
- Harris Communications <https://www.harriscomm.com/equipment/smoke-detectors.html>
- DILGO <https://www.diglo.com/shop-by-alert-trigger/smoke-and-fire;d=3;>
- Amazon.com
- Hearmore.com
- Adcohearing.com

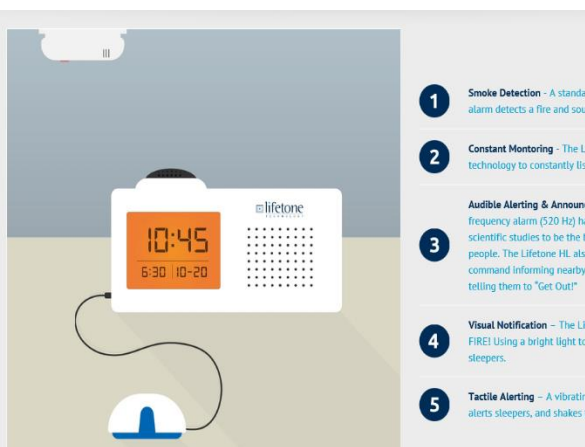
### Contact Your Local Fire department:

Ask if they install visual alarms for a individuals with hearing loss. Most fire departments have a few designated alarm systems that are available if you qualify. If you need a letter of disability verification for the fire department or a landlord, contact our office.

There are some **nonprofit organization** that sometimes give out free visual smoke detectors. <https://www.fabscom.org/>

Maryland residents also have a resource – **Governor’s Office of Deaf and Hard of Hearing.**

- *Landlords and owners are required to provide accessibility and safety for tenants, including visual alarms.*





**The Presbyterian Board of Governors Cochlear  
Implant Center of Excellence at GBMC**

6535 North Charles Street, Suite 250  
Baltimore, Maryland 21204  
(443) 849-8400

**9-1-1: CALL if you can TEXT if you can't**



**WHAT YOU NEED TO KNOW**

- ▶ A phone call is still the preferred method for contacting 911
- ▶ If text-to-911 is not available in your area, or temporarily unavailable, you should receive a message from your carrier telling you to place a voice or relay call

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- ▶ As with all text messages, it may take longer for 911 to receive and respond to your text message
  - ▶ Text messages do not provide the location of the texter and may be received out of order by 911
  - ▶ Pictures and/or videos cannot be received by 911 via text
  - ▶ Standard text messaging rates apply



**CONTACTING 911**

- ▶ The preferred language for texting 911 is English
  - ▶ Enter 911 in the "To" field of a new text message
  - ▶ Use short messages that include the location of the emergency and the type of service needed
  - ▶ Respond to questions from the 911 specialist and follow the instructions provided
  - ▶ Use simple words, avoid slang, and keep messages short
  - ▶ Do not text and drive
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## Baby/ Adult Monitor Options

### For Deaf and Hard of Hearing Persons

There are apps that can be downloaded on your apple watch, iPhone, Apple TV, etc.. It requires two devices, one is in the individual you are monitoring's room and one is with you. Your device will let you see the individual as well as alert you via vibrations or sound.

- <https://www.tappytaps.com/blog/2015/05/14/how-to-use-baby-monitor-3g-on-the-apple-watch/>
- <https://cloudbabymonitor.com>
- <https://ibabylabs.com/shop/ibaby-monitor-m6/>
- <https://www.digitaltrends.com/cool-tech/chatterbaby-app-deciphers-baby-crying/>

### **Sonic Alert System**

- BC400- Baby Cry transmitter (wirelessly connects with the SB1000 alarm clock)
- SB1000SS- Built in receiver alarm clock with super shaker bed vibrating unit
- Baby cry transmitter is plugged into an outlet in the individual you are monitoring's room. When the baby cries/individual makes a noise, the signal will be sent to the alarm clock located in your room, which has a shaker unit connected. This shaker unit is placed underneath your bed mattress, box spring or pillow and will vibrate when the baby cries/individual makes a noise, awaking the person sleeping. You can adjust the sensitivity of the baby cry transmitter.
- This system is great for night time use; however, you may want to consider a separate video monitor to use during the day when the baby/ individual is sleeping, and you are around the house. In addition, at night when the sonic alert system goes off, you can also look on the video monitor to see if the baby/ individual monitoring is just moving around or if you need to get up and comfort the baby/ individual.

Note: You may want to consider plugging in the Baby Cry transmitter in the baby/ individual's room nightly and unplugging it in the morning. Otherwise the bed shaker will continue to go off with noises occurring in the room/ house throughout the daytime.



## Alarm Clocks for Deaf and Hard of Hearing Persons

### Obtaining an Alarm Clock

- Lifetone Technology
  - Harris Communications
  - DILGO.com
  - Amazon.com
  - Hearmore.com
  - Adcohearing.com
- If you are a very heavy sleeper, you might want to use a watch and a bed shaker.



#### Vibrating Watch

**Global VibraLITE MINI** (comes in many colors).

Watches that vibrate and/or have audible alarms. FitBit, Very Fit Pro, or similar fitness monitoring watches with vibrating alarm can be used as well.

#### Vibrating Alarm Clock

**Sonic Alert Sonic Bomb SBB500ss**

There are a variety of sonic alert clocks on the market. Most have a bed shaker and an audible alarm. Some can be connected to lamps, so the light flashes as well.

#### Bluetooth Bed Shakers

Connects via Bluetooth to your cell phone or tablet. (some iPhone, some Android). Most have vibration and audible alarms. Various styles and cell phone compatibility.