

# Caregiver Internet Resources

---



**American Cancer Society** [www.cancer.org](http://www.cancer.org) 1-800-277-2345  
Offers a variety of services to patients and families. Online programs, transportation, support groups, financial assistance, counselors in the area.

---



**Cancer Care** [www.cancercare.org](http://www.cancercare.org) or 1-800-813-4673  
Offers online support groups and telephone support groups.

---



**Caring Bridge** [www.caringbridge.org](http://www.caringbridge.org)  
Create your own website, to help you to stay connected with loved ones during a significant health challenge. Simplify updates to family & friends through journal entries, reducing stress of multiple conversations. Visitors to your site will leave messages of love and support in your guestbook.

---



Create a **Care Calendar** [www.carecalendar.org](http://www.carecalendar.org)  
This is a web-based system to organize meals and other help for families during a time of illness or life changing event.

---



**Lotsa Helping Hands**

**Lotsa Helping Hands** is a way to easily organize help for someone in need. [www.lotsahelpinghands.com](http://www.lotsahelpinghands.com)  
Create a community for family and friends to communicate updates and offer support for things like meals, rides and visits.

---



**Cancer Support Community** provides support, education and hope to people affected by cancer. [www.CancerSupportCommunity.org](http://www.CancerSupportCommunity.org) Cancer Support offers a tool to connect cancer patients and caregivers to their community of family and friends for social and emotional support. [www.MyLifeLine.org](http://www.MyLifeLine.org) offers unique communication and stress reducing tools that allow patients and caregivers to share their journey and focus on healing.