



Cleaning your Skin with Hibiclens/CHG the Night/Morning Before your Surgery

- Do not use Hibiclens if you are allergic to chlorhexidine gluconate or any other ingredients in it. **(Use Theraworx instead-Follow directions on package)**
 - If you have an ostomy, do not use Hibiclens on the skin under your pouching system.
 - Do not Shave before surgery.
- 1) Wash your hair with your normal shampoo, and rinse it well. Rinse any leftover shampoo from your skin.
 - 2) Wash your face and genital (private) areas with regular soap and water only.
 - 3) Rinse your body very well with warm water.
 - 4) Wet and use a **CLEAN** wash cloth to apply Hibiclens to each part of your body listed below:
 - Neck and chest
 - Legs and feet
 - Hands and arms
 - Back and rear
 - Stomach
- * Do Not let the solution get into your eyes, ears, mouth, or genital area.**
- 5) Leave the Hibiclens on your skin for five minutes.
 - 6) Rinse very well with warm water.
 - *Do not use your regular soap after using and rinsing off the Hibiclens.**
 - 7) Pat yourself dry with a clean towel.
 - *Do not use lotion, powders or perfumes on the areas cleaned with Hibiclens.**
 - 8) Put on clean clothes.