



IMPORTANT NOTICE TO ALL PATIENTS AND VISITORS:

GBMC cares about the health of its community, patients, visitors and staff members. Along with many other hospitals in Maryland and across the country, we have instituted a modified visitor policy during the flu season to help prevent exposure. The policy will be in effect until further notice.

We ask for your cooperation with the following:

- Visiting hours hospital wide are **12 pm to 8 pm**.
- **No one under age 18, unless they are a patient or the parent of a patient, is allowed to visit GBMC hospital**, including patient rooms, surgical centers (General Operating Room, Sherwood Surgical, Women's Surgical), the Emergency Department and waiting areas. The CDC has indicated that young people are more at-risk as carriers and transmitters of the seasonal flu and H1N1 viruses.
- Persons with GBMC outpatient or physician appointments are asked to come to those appointments without children under age 18, **unless the appointment or healthcare service is for the child**.
- **Only one (1) adult will be allowed to visit a patient at GBMC hospital**, including patient rooms, surgical centers (General Operating Room, Sherwood Surgical, Women's Surgical), the Emergency Department and waiting areas.
- **Two adult visitors will be permitted to visit patients in women's and children's areas such as Labor & Delivery, Post-Partum, NICU, and Hi-Risk OB units and Pediatric Emergency Department and Pediatric Inpatient Unit.**
- **All visitors entering critical care patient units (Units 37, 57, 59 and all post-operative recovery areas) will be required to wear a surgical mask.**
- Mask and hand hygiene stations are provided for your convenience throughout the hospital and at the entrance points to each patient care area. **Please utilize these masks if you have "flu like" symptoms** and need medical care.
- To protect the safety of our patients, employees and volunteers, persons with **upper respiratory illness (cough, fever, etc) are asked NOT to visit patients at GBMC.**
- We apologize for the inconvenience this may cause and understand **certain circumstances** need to be handled on an individual basis. Unit staff will work to accommodate these specific situations.

Thank you for helping GBMC promote a healthy environment.